

## Channeling Feb 2010

### “One Prescribed Day”

This is February and people tend to celebrate love this month... Valentine's day. It's always been interesting to observe actions on and for this holiday, and all those other holidays that are meant to celebrate the love people have for another, the appreciation people have for another, the gratitude people may have for another. And always, there's this one thought popping up: one prescribed day?

As light beings, there is some wonder about those celebratory days... living outside the social conditions know I'm not conformist in many ways... so it shouldn't be a surprise that very often just the thought of these special days is a little offensive in some ways. “One prescribed day” to celebrate?

Wow... Is that what you enjoy? If it takes major card, flower, restaurants, hotels, and gift companies to help someone remember that they care... how truthful is that? Then think about how this day Valentine's Day has spread to other countries of the world. Remember a time when in Europe, for example, there was little attention paid to that day... now it has grown exponentially, too .. runs to the flower shop with pre-orders, restaurant reservations, and all that for this “one prescribed day”.

We just wonder... yes, people have a lot to do, many things to complete and accomplish every day but if people don't take the time to celebrate the others in their lives, themselves.. .then why do it on “one prescribed day” – what then is the difference?

No, we're not saying do not celebrate Valentine's Day or Mother's Day or any of those days. There's a wonderful, loving thought behind that – the idea to show the whole world openly how you feel about someone else – your lover and partner, your mother, your grandparents, and so much more. And yes, they deserve to be celebrated, as do you. And what about those important, loved people in your lives that do not have a special day yet? What about “Best Brother's Day” or “Cousin's Day”... when are they celebrated for all they teach you, give you, all you teach them, give them?

So in spite of the appreciated, underlying light concept of any such holidays, why not celebrate your loved today? Or why not stop by on the way one day, pick up a flower or a bouquet and just celebrate your loved one right there? Why not take your loved one, your mother, your secretary and all others out unexpectedly to show them how much you care? Why not just bring in a flower, a card, or .. how about just saying “Thank you” with an integer heart and soul when you feel like it?

You are beings of love, aren't you? If you are then my understanding is that you share our love every day, you show our love every day, you share our light every day – with a smile, a card, a note, making lunch for someone, calling someone, smiling at someone, fixing that leaking faucet, ... all of those are signs and symbols of love and appreciation... why do you need a reminder of being love?

Yes, many do need that reminder, I know. That's because you still live in this world, with all the demands, rules, guidelines, expectations, and so much more.. and sometimes people get caught up in that and they forget in this materialistic world the few little things that really make a difference and that most often are free of charge and yet priceless .... The simple gift of love and light that we can give every day is return plentiful if given freely and unconditionally...

Don't worry, go ahead, celebrate your Valentine, be celebrated – nothing is wrong with that open, public show of love... and you probably do a lot more than that daily... but this is a cultural, social custom... so bear with us as we ask you on this occasion of February to consider how you feel if you are celebrated and showered with love on “one prescribed day” only...

Yes, take a step back and see how important that person really is in your live, how much you love that person, and in how many ways you can celebrate your special love... think about it... and think about whether you love that other person, any person in a truly unconditional way or whether you love them with an agenda... and how it makes you feel.. how it makes them feel.... Then we ask that you act on this reflection, your understanding in ways that are right for you... ways that work for you.