

Council of N:
**“Why are people having so many challenges in their
lives? – or do they?”**

Life ... look around you .. life is not difficult.... Look around at nature... nothing in nature is difficult.. It's easy, a constant flow of energy; nothing difficult, a process that can be easily observed, understood, and experienced. Human life ... is not difficult; it's as easy as what you observe in nature, starting with the sunrise, if you will.

Life is only difficult once the mind sets in, the ego mind, the thought process which is shaped by society, by rules and guidelines that often are far from the natural process that beings of light are so accustomed to.

Life is only challenging because in the human experience there is so much power given to the ego, the mind, the force that can control our emotions.

Why?

Why can you not more easily let go of it?

Why do humans generally rely on that mind to dictate the actions, even when the mind clearly operates on the formula of complicating things?

Isn't that itself silly?

Why do you continuously empower that mind to make decisions for you, to go where life appears difficult and challenging, why do you in our human experience allow yourselves to be held back from the truth, which is love and which then is ease of life once you jump fully and entirely into the flow?

Think about it... isn't it amazing how when you in your human form believe you are in love with another human you don't declare that right away?

Why do you challenge that emotion on your part?

Where's your trust in your emotions?

Why do you not trust that the other, whether having similarly strong feelings or not, will return one form or another of love?

What are you afraid of?

You are afraid of rejection. You fear that you don't fit society's norms in your actions and feelings and choices; you fear the reactions of others. Those fears are your challenges in all you do on this earthly planet. Those fears are mind-made, ego-made, socially conditioned to support those who created the rules you abide.

In those rules you then fear not fitting in, being different.. but why fear that? Why challenge the fact that you are?

You create the challenges in your human existence because of your mind, because you over-think, because you let the ego, the fear get the power; once you jump in, follow your heart – your intuition -- the love, the divine love within you that is when the challenges subside.

The challenges are mind-made and until you understand that you will not be able to step outside the matrix of challenges that the human experience put forth. The challenges are just part of your lessons to allow you to step outside this matrix and then fully embrace your divinity.

Yet, talking about divinity in you is a challenge, too in this world, isn't it? It's blasphemy to some .. those mind-based arguments don't recognize the power play, the power grid they are playing into. Admitting that you are divine, that you are guided by love is the first lesson on your path, it's a lesson but some call it a "challenge"... a "risk." ... if it's a risk then take it... overcome the challenge, learn the lesson.. the more lessons you learn the fewer challenges you have because then you realize that instead of challenging, life is easy.

But how do you get there if you have lived for so many years within this power grid, within this matrix of fear... that prescribes your challenges, prescribes your fear, prescribes what you should and should not feel comfortable doing? That's the hard part, for one hot minute... for a split second it is hard.. once you jump into that what, into that flow of energy, once you allow yourself to let go of the parameters society sets for you, human society sets for you for purposes of power, that is when challenges are no longer big, begin to subside entirely; that is when life becomes easy and the only challenges you see are those that people create themselves in order to remain in the power grid, remain in the mind-based way of human existence that is scared to trust the love and the divinity.

Step outside, claim your power, claim your divinity, and the challenges you once saw will crumble in front of your eyes; the challenges you once saw will present themselves as lessons you chose this time around; the challenges you once saw will prove themselves to be all small building blocks of your divine nature that you are recovering this time around.

Life is easy – the only challenges are those you create ourselves; all are good as all are life lessons but not all are necessary to be viewed as negative; challenges help us grow though some of us here on planet earth have a harder time growing and accepting the lessons, thus making life even more challenging from a rather negative perspective.

Step outside the power grid, enjoy the challenges that help you recover yourself, let go of those your human mind creates to keep you locked in the power grid.

Peace be with you now and always in all ways.

Namaste, Peace, Amen.

The council of N

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